

Thirty-fifth Annual
Marriage Enrichment Retreat
All Aboard the Love Train

Sponsored by the
Silicon Valley Chapter of the
Association for Couples in Marriage Enrichment -- A.C.M.E.



When:

- **January 15 - 17, 2010**
- 6:00 PM Friday through noon on Sunday

Where:

- **Evergreen Conference Center Oakhurst (E.C.C.O.) -- Oakhurst, California**
- Between Oakhurst and Yosemite at 3,000 feet elevation (559) 683-8162

Cost:

- **\$450.00 per couple**
- **\$120 Program Fee due with your registration**
Remainder (Room and Board at E.C.C.O.) due January 9, 2010
- **\$30.00 Discount for first-time attendees**
- Space is limited to 25 couples. Register as soon as possible, to assure your participation.
- In the event of cancellation, we will refund your fee(s) **if we can fill your spot.**
- Partial scholarships are available for first time attendees. For information, call or write: Bea Strickland (408) 268-3956 or BeaStrickland@aol.com
- Program fee includes a one year membership in the Association for Couples in Marriage Enrichment (A.C.M.E.) a \$40 value.

Questions:

- Contact Retreat Coordinator, Bea Strickland (408) 268-3956 BeaStrickland@aol.com
- Or, Bea and Jim Strickland (408) 268-3956 (BeaStrickland@aol.com)

Affiliations:

- The retreat follows standards developed by the Association for Couples in Marriage Enrichment

Purpose:

- **The weekend provides an opportunity to join other couples committed to marriage in a relaxed, comfortable setting, working together to make good marriages better.**

Goals:

- To take an honest look at where your marriage is now and to build on the identified strengths.
- To learn and develop skills for effective communication and for creative use of conflict.
- To improve the depth of intimacy and to strengthen the commitment in your marriage.
- To identify areas where you want your marriage to change and to set goals for future growth.

Participation:

- To engage in large and small group activities, as well as, private couple time.
- To generate an agenda in your small group using the marital issues of interest to you as you are the experts on your own marriage.
- To conduct all activities in a caring, supportive manner **and to share only what is comfortable for you individually and as a couple.**

Leadership

- Leader couples are trained and certified by A.C.M.E. as 'participating facilitators'.
- Leader couples teach by example and by sharing their own marital experiences.
- Leader couples work on their marriages as full participants in the retreat.

Disclaimer:

- ACME. Marriage Enrichment programs are **educational** in nature and not intended as therapy or counseling.

What to Expect

Increased satisfaction and enjoyment of your relationship

Experiential Learning

Learn by doing written and verbal activities that teach positive ways of relating.
Learn by focusing on your own personal experiences.

Couple Dialog

Talk directly to your spouse privately or in a small group;
Practice communication skills designed to aid marital growth.

Group Process

Gain support and encouragement from others by sharing experiences
and by keeping intellectual discussion to a minimum;
receive positive feedback on your communication process if so desired and requested.

Focus on Strengths

Maintain and express a positive attitude towards marriage;
identify your potential for marital growth.

Friendships

Become your partner's best friend.
Enjoy the company of others who value marriage; meet new couples.

Registration

Enclose the completed form and \$120 registration fee.
Make check payable to: **Silicon Valley Chapter of A.C.M.E.**

Mail to:

Marriage Retreat
6310 Desert Flame Drive
San Jose, CA 95120

Confirmation and further information will be sent to you upon receipt of your registration.
In the event of cancellation, we will refund your fee(s) **if we can fill your spot.**

Registration Form

Names _____

Address _____ City _____ Zip _____

Phone _____ Email _____

Wedding Date _____ Previous Marriage Enrichment Experience _____

Special needs (health, diet, physical, etc.) _____

Tell us one interesting or unique fact about your relationship _____

Emergency Phone Number. _____